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THE HIDE CAMP GUIDES TRAINING: By John Laing

The first quarter of 2022 has been filled with training and our Z.P.G.A. members have been at the coalface in this regard. We started with the Buby Valley Conservancy course, which was a huge success. 41 candidates attended and lapped up information and knowledge from 15 lecturers.

The Buby course provided a good platform for our LPH license holders to tackle the year ahead. Those that attended now have a direction and I am certain they will excel this year. The lecturers that attended, most of which are Professional license holders in their own right, too have renewed energies and have been busy providing training at camp level.

Having attended the Buby course personally and being part of setting the guides training program at the Hide I can say it is a true privilege to be involved in the tourism and wildlife industry. It is abundantly clear that the guides around the country are hungry to learn, the more they learn the more they want to learn. Without any doubt whatsoever, the passion our guides have is at an all time high.

As with all aspect of business and life in general, planning is critical. Planning applies to training too. This is the basic seven day program I followed. A couple hours classroom work in the morning followed up by field and practical work later in the day.

1. Welcome and course overview
2. Introduction and overview of the Z.P.G.A.
3. What do the directors & shareholders expect from the course and their guides
4. What is a guide?

IF YOU ARE NOT PASSIONATE ABOUT BECOMING A PRO GUIDE THEN 'THE FIELD' IS NOT THE PLACE FOR YOU!

SO WHAT IS A PRO GUIDE?

First and foremost, he or she is a person who displays to his clients a persona of confidence, happiness and competence.

AS A PROFESSIONAL GUIDE YOUR JOB DESCRIPTION WILL READ SOMETHING LIKE THIS:

- Young, active person interested in low and infrequent pay to play host in remote bushveld
- Your objective is providing entertainment whilst disseminating truthful knowledge to your client
- Must be proven raconteur and socialite without liver trouble, expert bartender, caterer, barbecuer, philosopher, African historian
- It is not about playing 'the hero' character, nor putting the clients into uncomfortable confrontations with animals for your own amusement. Always remember that by approaching wild animals too closely - to the point where they are in 'fight and flight' mode - effectively signs their death warrants because you have now put the clients and that animal's life at risk
- Never assume you know how they will react ...either the client or the animal!!
- Experience in sanitary engineering, local architecture, labour relations, navigation, medicine and pharmacology, botany, zoology, ichthyology, mineralogy, entomology, butchery, taxidermy, diets, optics, photography and radio operation essential. Applicant should speak at least three languages preferably one of them African and one other modern European tongue
- A solid knowledge of mechanics, driving, gunsmithing, toxicology, ballistics, tracking, marksmanship, hand loading and experience as a professional bodyguard are required
- Benefits are twenty-four hour a day, unlimited fresh air, including rain, sun and dust;
- No medical, dental or life insurance and no retirement benefits
- Applicant must supply own rifles
- Vehicles on a 'per diem' basis
- If you don't know the answer to a question, don't fabricate...go read it up!
- You have the opportunity to give a client the holiday of a lifetime, which is what he expected when he booked his safari. Ensure you do your part to make it happen

YOU DON'T WANT TO LEARN MORE – YOU WANT TO FORGET LESS!

5. Safety
6. Vehicle Presentation & Equipment
7. Guiding principals
8. Give back to Community Commitments:
9. Etiquette training
10. Guides equipment
11. Range work
12. History
13. Recap

WE ARE NOT SURE WHO WROTE THE ABOVE JD, WE FOUND IT IN THE Z.P.G.A. ARCHIVES, BUT NON THE LESS, READ IT CAREFULLY AND THINK IT THROUGH, WHAT A GREAT SUMMARY OF WHAT IS REQUIRED.

**THE VICTORIA
FALLS ENDURO IS
BACK
29TH & 30TH
APRIL 2022**





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GLENN MIRTLE: E: glennm@eaton.co.zw C: 0772 236 608



“Useful Plants of Zimbabwe with Potential as Smallholder Crops”

By Gus Le Breton

Latin:	Harpagophytum zeyheri
Family:	Pedaliaceae
English:	Devil's Claw, Grapple
Ndebele:	Inkuzane enkulu

Botanical description

Harpagophytum zeyheri is a prostrate, mat-forming perennial herb which is often considered as a weed. It is a herbaceous plant that can grow up to 1,5 m in length. The plant has creeping annual stems of up to 2 m long, spreading from a tuberous, fleshy rootstock. The stems are covered with glandular hairs which exude a slimy, sticky sap. The roots have a strong central taproot and secondary root tubers (storage roots) branching off horizontally. The main roots can grow up to 50 cm in length and the secondary roots up to 25 cm long. They are found at depths of up to 2 m below the surface. The plant can store up to 90% water in these storage roots.

Although the name Devil's Claw comes from the spiky, claw-shaped fruit, the parts of the plant used for its medicinal value are the tubers, shaped like elongated sweet potatoes. Flowers and leaves only appear during the rainy season. The tubular flowers are dark violet with a yellow and white throat, and the large, heart-shaped leaves are grey-green in colour. From the flowers grow the woody, sharply curved, sticky, barbed fruit. The characteristic fruit have numerous long arms with sharp, hooked thorns, as well as two straight thorns on the upper surface.

There are two species of Harpagophytum that share the name “Devil's Claw” and from both of which the tubers are harvested for medicinal use. Harpagophytum procumbens is found in the west of the range, in Namibia, Botswana, South Africa, and Angola. H. zeyheri is found in the east of the range, Zambia, Zimbabwe, and Mozambique. The two species overlap at the edges. They are differentiated visually by the shape of the leaves, and also by the length of the arms of the fruit; the arms of H. procumbens fruit are longer than the width of the fruit, and the arms of H. zeyheri fruit are shorter than the width of the fruit (Engels and Brinckmann, 2018)

Traditional Uses

Although the Devil's Claw root tuber is best-known as a traditional medicine of the San people in the Kalahari region, it has been used medicinally by local communities throughout its range. Traditional uses of the tuber have included being consumed as a laxative, as a treatment for arthritis and blood conditions, headache, fever, indigestion, pain after childbirth, and malaria. It is considered an analgesic, and it has been used topically to treat boils, sprains, sores, and to ease childbirth. Devil's Claw preparations also have folk uses in diabetes, gout, and tuberculosis, as a mouthwash for bleeding gums, and for hypertension, menstrual cramps, peptic ulcers, snakebites, lumbago (lower back pain), and wound and burn healing. Apart from medicinal use, the leaves are also sometimes used as a natural alternative to soap, consistent with other species in the sesame family (Pedaliaceae).

Commercial History

The commercial history of *H. zeyheri* is intertwined with the history of *H. procumbens*. *H. procumbens* was first described by botanists in 1822, and *H. zeyheri* shortly afterwards. Both were known to have traditional medicinal use, but it was the efforts of one German farmer in Namibia that first brought the medicinal value of *H. procumbens* to more widespread attention. Initially marketing a herbal tea on the local market in Namibia, in 1957 he sent samples to a university in Germany where they were first studied and described as a treatment for rheumatism, arthritis and other ailments. In 1962, a Namibian company started exporting Devil's Claw-tubers in larger quantities to a German herbal tea manufacturer. Interest grew in the product and a German Commission E monograph was published in 1989 for Devil's Claw root tuber, prepared as a herbal tea infusion or equivalent preparations, for loss of appetite, dyspepsia, and as supportive therapy of degenerative disorders of the locomotor system. In 1990, French health authorities approved the oral and topical use of Devil's Claw root tuber as a traditional herbal medicine used for symptomatic treatment of minor painful articular condition (Engels and Brinckmann, 2018). In 1994 it was approved by the European Directorate for the Quality of Medicines.

Up to the early 2000s, only *H. procumbens* was technically approved for use in Europe, although it was discovered that many suppliers were blending (perhaps inadvertently) *H. procumbens* and *H. zeyheri*, and in 2002 *H. zeyheri* was added to the European monograph. Today the marketing of Devil's Claw in Europe is governed by monographs of the European Medicines Agency dating from 2016, in which both species are approved for use in the European Union.

Most Devil's Claw export takes place in the form of dried, sliced tubers, which are sold to extract manufacturing companies, predominantly in Europe. Namibia is the major exporter, although smaller amounts are also exported from Botswana, Angola, Zambia and Zimbabwe (Stewart and Cole, 2005). In 2002, the peak year of export, 1018 tonnes of dried tubers were exported from southern Africa, representing the harvest of millions of plants (Stewart and Cole, 2005). Devil's Claw is also sold locally on traditional medicinal plant markets in Namibia, South Africa and elsewhere in the region.

It is the iridoid glycoside, harpagoside, present in both *H. procumbens* and *H. zeyheri*, that has been found to be effective in the treatment of degenerative rheumatoid arthritis, osteoarthritis, tendonitis, kidney inflammation, and heart disease. Although the chemical composition of non-harpagoside constituents vary between the two species, their harpagoside content is comparable (Kondamudi et al., 2016), and they are therefore considered essentially interchangeable for medicinal use.

Potential Commercial Uses

The primary commercial use of Devil's Claw will continue to be in herbal medicine, in the form of tablets, tinctures and herbal teas, to relieve pain in patients suffering from rheumatic and arthritic disorders (Avato and Argentieri, 2019). In addition, Devil's Claw root may be used as a dietary supplement (Engels and Brinckmann, 2018) or blended into health food preparations as functional ingredients. Sports nutrition would be an obvious potential market, incorporating Devil's Claw into a range of existing products to prevent and relieve inflammation, especially for long-distance or endurance sports.

A second key, and presently wholly unexplored, area of commercial potential lies in the skincare market. Cosmetics manufacturers are increasingly looking to incorporate anti-inflammatory ingredients into their products to help offset localised redness, swelling and irritation on the skin. Devil's claw has proven efficacy in terms of topical application to reduce inflammation, and has the added advantage of being a natural, herbal ingredient, with strong potential appeal to skincare companies.

A third potentially interesting market is veterinary medicine. Devil's Claw is already used for the treatment of inflammatory symptoms and degenerative disorders in horses, where it is especially valued by race horse owners. Livestock also respond well to Devil's Claw, but this is a smaller market. The main untapped opportunity lies in the creation of herbal products for ageing pets, especially dogs and cats, for which sizeable markets exist in many western countries.

Market Potential

The global herbal medicine market is enormous and rapidly growing. Projected at USD 148 billion in 2020, it is projected to reach USD 219 billion by 2026, (Market Watch, 2021). Devil's Claw is well-known in a small sub-sector of this market (principally Germany, the US and a few western European nations), but is almost completely unknown in many other markets, especially Asia and Latin America. In China, 40% of all pharmaceutical sales are from herbal medicines, and the herbal medicine industry is estimated at US\$36 billion/yr. Devil's Claw has not yet been registered for sale in China, but it could well find a substantial market there once it has been through the regulatory approval processes. Opportunities in the African regional market for Devil's Claw should also not be ignored.

Skincare is another very substantial market, estimated at USD 150 billion in 2020 and growing to USD 190 billion in 2025 (Statista 2020). Of this the fastest growth segment is in organic skincare, as consumers move away from petrochemicals and look to use natural ingredients instead. Limiting the visual impacts of ageing is the primary motivation for most consumers, and in this regard products that are associated with preventing or treating age-related disorders (as is the case with Devil's Claw) are projected to do especially well in coming years.

Veterinary medicine and petcare are also substantial markets. The US pet industry alone is valued at nearly USD 100 billion/yr. Incorporation of Devil's Claw into existing petfood formulations or as a separate herbal remedy would seem very feasible as a possible route into this market.

Cultivation/ Domestication Potential

The nature of *H. zeyheri*'s wild harvesting process has raised sustainability concerns over the past year. However, Devil's Claw cultivation has been ongoing in South Africa and Namibia since 2002 (Engels and Brinckmann, 2018). The species is propagated by seeds or secondary tubers. The seeds are planted early summer season, and the young/secondary tubers are usually retrieved in the autumn. Planting of Devil's Claw seed requires loosening of the top quarter of soil with a rake. If the soil is too compact, preparation for planting by digging and turning the soil to a depth of approximately 8 cm is required. The seeds should be scattered evenly over the prepared beds or should be sown in a furrow of 20 cm deep and 60 cm wide. After sowing, the seeds can be raked up slightly and covered with a thin layer of soil.

The seeds should be irrigated daily with a fine mist sprayer, keeping the bed evenly moist until the seedlings emerge. After emergence, irrigation should be applied every second day, as temperatures drop, the frequency can be extended. Frequency of irrigation depends on the temperature and soil. Once the plants are showing four to five leaves and are well established, further irrigation once or twice a week will be sufficient. There are no major pests and diseases affecting the Devil's Claw, however, very rarely it is disturbed by aphids and powdery mildew. The only pests of concern are animals feeding on the tubers, e.g. porcupines and antelope such as duiker and steenbok. Birds are attracted to the freshly seeded wild flower. In areas that are small, bird netting can be used. Devil's Claw takes three to four years to reach maturity and the matured plant is very hardy. Harvesting takes place during the rainy season, from November to June/July each year (DAFF, 2015).



Z.P.G.A. Diary

www.zpga.org/zpga-events

APRIL 2022

- Fri 15th - Good Friday
- Sat 16th - Easter Saturday
- Sun 17th - Easter Sunday
- Mon 18th - Easter Monday & Independence Day

MAY 2022

- Fri 6th to Sun 8th - Lower Zambezi Canoeing proficiency
- Wed 23rd - Z.P.G.A. Talks (Victoria Falls)
- Fri 20th - Z.P.G.A. Talks
- Sun 29th - Shooting Proficiency Harare

JULY 2022

- Fri 15th - Z.P.G.A. Talks

SEPTEMBER 2022

- Fri 16th - Z.P.G.A. Talks
- Sun 18th - Shooting Proficiency Harare
- Mon 19th - Oral Interviews
- Tue 20th - LPH written exam
- Wed 21st - LPH written exam

OCTOBER 2022

- Fri 7th to Sun 9th - Upper Zambezi Canoeing proficiency

NOVEMBER 2022

- Tue 1st to Mon 7th - Proficiency Exam
- Fri 11th - Z.P.G.A. Talks

DECEMBER 2022

- Thurs 22nd - National Unity Day
- Sun 25th - Christmas Day
- Mon 26th - Boxing Day
- Tue 27th - Christmas Holiday

Each year on April 22, billions of people across the globe join together to raise awareness about environmental protection.

This global event is known as Earth day. Earth Day was first celebrated in the United States on April 22, 1970.

Today around 1 billion people in 193 countries take part in Earth Day and resolve to protect the environment and biodiversity.

Now, time has come for Earth Day 2022.

Ethics Are Everything!



About OPHAA

By John Laing

The Operators and Professional Hunting Associations of Africa (OPHAA), is a conservation-minded collective that is created to be the united voice of all member associations that are national and sovereign professional hunting, operator and guide associations and any other bodies that share a common goal for the security of African wildlife, its habitat and communities that inhabit such. Our members choose to follow the mission statement, certification programme, code of conduct, principles and policies that OPHAA supports.

OPHAA's current active members are:

1. SHOAZ - Safari Hunting Outfitter Association of Zambia
2. Custodians - Custodians of Professional Hunting & Conservation South Africa
3. SA Hunters
4. AMOS - Associação Moçambicana De Operadores De Safaris
5. ZPGA - Zimbabwe Professional Guides Association
6. SOAZ - Safari Operators Association of Zimbabwe
7. NAPHA - Namibia Professional Hunters Association
8. BWPA - Botswana Wildlife Producers Association
9. EPHA - Ethiopia Professional Hunters Association
10. TAHOA - Tanzania Hunting Operators Association
11. WCMA - Wildlife Conservation & Wildlife Management (Uganda)

Mission Statement:

OPHAA's mission is to ensure the conservation of wildlife, habitat and promoting community rights through hunting as a conservation tool in Africa. Through advocacy, community support, the unity and dialogue between nationally recognised African hunting and guide associations and other bodies, we ensure a common goal for the security of such biodiversity.

OPHAA Certification Programme:

This programme is to verify that an African hunting service provider has been registered with a professional hunting, operator or guide association that is nationally recognised, maintains its sovereignty, yet follows the mission statement, code of conduct, principles and policies of OPHAA and has been granted membership to OPHAA. The programme also confirms that the hunting company registered with such an association, is currently registered and in good standing with the respective association.

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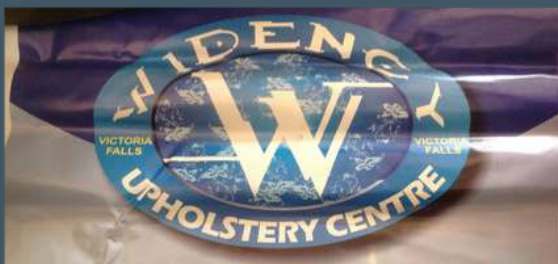
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- The Orange Elephant
- Toyota Zimbabwe Pvt Ltd
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MEMBERSHIP

Membership Statistics - 2022

It's a collaborative effort

Z.P.G.A. Members Breakdown by Qualification



Number of Members

Qualification

58	ASSOCIATE
4	CONSERVATION PARTNER
34	CUBS
55	FULL PG
132	FULL PH
5	LIFE MEMBER
62	LPH LICENSE
5	RESTRICTION
4	SERVICE PROVIDER

Friday, 01 April 2022

Page 1 of 1



Innovation grows out of membership and a sure sense of responsibility people feel for their work and the organizations that employ and / or support them.

"Z.P.G.A. Membership is a Privilege NOT a right"



Chicken & Butternut Soup

BY JACO KOK

Place 1 whole chicken,
2 large onions (finely chopped),
5 carrots (peeled and diced),
1 bunch celery (only stalks, finely sliced)
in a cast iron pot with 3 litres of warm water. Bring to the boil
and boil for about an hour.

Remove whole, cooked chicken, debone and chop finely and
keep aside.

Peel and de-seed 2 large butternuts and dice into 1x1cm cubes
and add to the chicken broth. Boil until the butternut starts to
break up.

Watch water level constantly, the contents of pot should remain
at about 3 litres. Remember the water will evaporate!

Add back chopped chicken and 500ml fresh cream and boil for
15 mins.

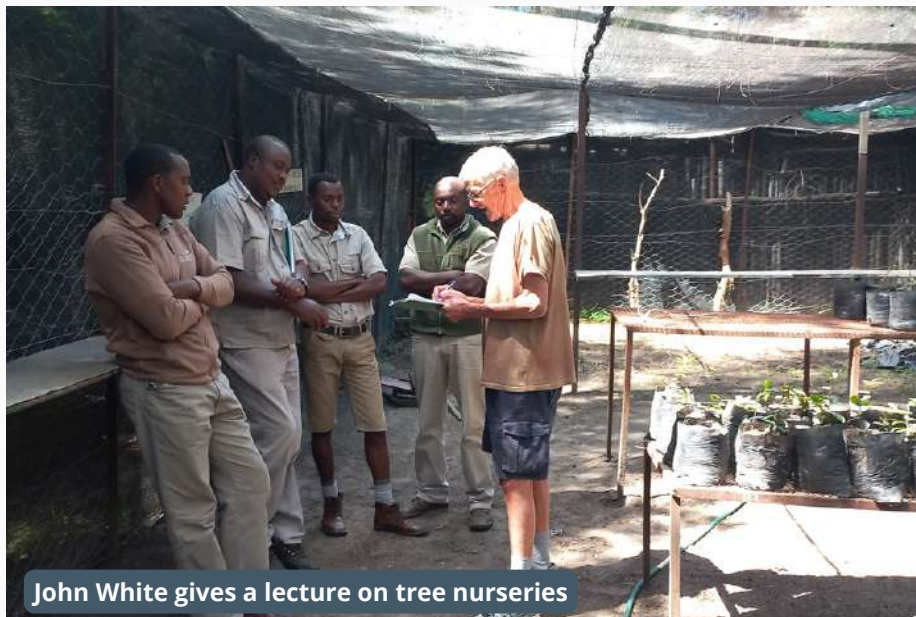
Add a handful of freshly chopped parsley just before serving.



Members Photo Gallery - February 2022 LPH Training Course



The Z.P.G.A.'s commitment to sharing information and knowledge.





Z.P.G.A. Talks 2022

The Z.P.G.A. is proud to bring you a series of talks designed to bring our community together under the umbrella of growth through shared knowledge. Presentations will be informative, entertaining and offer a springboard for discussion, engagement and sharing of ideas that can help jumpstart our COVID-decimated industry and further our conservation causes for a more productive future.

We will be facilitating an evenings talk by three guest speakers, to be run simultaneously, every two months in:

- Harare - Armadale Lodge
- Bulawayo - Hillside Dams Conservancy
- Victoria Falls - Shearwater Village

Dates for your diaries are as follows:

- Wednesday 18th May (Victoria Falls)
- Friday 20th May (Hre, Byo, Mutare)
- Friday 15th July
- Friday 16th September
- Friday 11th November

- Time: 17:00 for 17:30 start
- Cash bar and restaurant
- Free admission

**An event put on by the Z.P.G.A
open to the Community**



A call for Z.P.G.A. Members & friends to plant 10 indigenous trees each in 2022

Get behind the Z.P.G.A. "Plant 3,000 trees challenge 2022"

Please post your planting on social media, accompanied with #WePlantedDidYou?



Send us your conservation stories to marketing@zpga.org

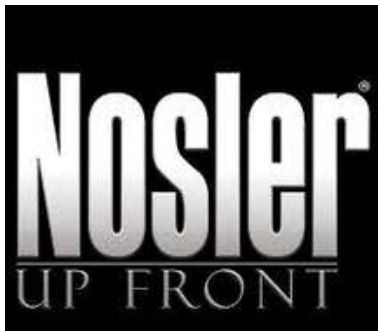
Z.P.G.A. Sponsors and Supporters Page

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ISSUES ABOUT MEDICAL AID & FIRST AID

Health is something that we take for granted and tend not to think about until something goes wrong. That's why you need to be with a good medical aid provider who can help you protect both your health and your wallet.

The reality is that your health, and that of your family, holds immeasurable value to you. It's also the least predictable factor in your life. This unpredictability is precisely what makes medical aid so important, because you can't tell for certain when you'll need it. Sports injuries, road accidents, stress-related illnesses, and terminal illnesses are not examples of things that afflict the elderly. Rather, they're representative of what can go wrong in anyone's health at any time.

Having a good, reputable medical aid is an essential part of alleviating the stress of worrying what's behind every proverbial corner. More importantly, it provides you with the necessary financial cover when you need it.

Fortunately, there are a wide variety of plans for you to choose from within each medical scheme, making it easy to buy the level of cover that you need and can afford. These range from basic and relatively inexpensive hospital plans to the more all-inclusive, comprehensive plans.

When it comes to choosing your ideal plan, it's best to assess your life and understand what the implications would be if you needed medical treatment. For instance, if you're single and have no dependents, then at the very least a good hospital plan is a practical option as the most expensive comprehensive plan might not be necessary.

Of course, if you're the sole breadwinner with a few dependents then it goes to reason that you will need more cover to protect your family's financial safety while you are treated.

At the end of the day you can't know when or if something will happen, and unless you have considerable financial funds to help you pay for medical costs, you might have a problem if you don't have medical aid.

Mednet Zimbabwe is here to help! Mednet's team of professional healthcare consultants are on hand to provide information and support with international health insurance, local medical aids and travel insurance. Mednet is an agent for the leading healthcare providers.

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Contact Us

SHOULD YOU REQUIRE ANY INFORMATION OR ASSISTANCE

The Z.P.G.A. committee is here to assist you. To enable us to answer your questions in a timely manner, please would you firstly contact Jenny VAN DEN BERGH on secretary@zpga.org and request to be put in touch with one of the following sub-committees and the relevant committee member will gladly assist you.

Below you will find the various sub-committees, a short description of what their role and function is and a contact email address should you want to get in touch.

- Z.P.G.A. – Chairman Rob LURIE - chairman@zpga.org
- Z.P.G.A. – Vice Chairman John LAING
- Z.P.G.A. – Legal & Ethics - Pete FICK - legal@zpga.org
 - Guiding Code of Conduct
- Z.P.G.A. – Finance - Rob LURIE - finance@zpga.org
 - All payment issues
- Z.P.G.A. – Marketing & Advertising - John LAING - marketing@zpga.org
 - All branding Membership Cards
 - Membership Discounted Rates Initiative
 - Fundraising
- Z.P.G.A. – Education and training - David CARSON - education@zpga.com
 - Study Packs
 - RIFA & SAVE Valley Conservancy initiatives
 - Devil's Gorge Conservancy training program
- Z.P.G.A. – Recruitment - Justine McGREGOR - cv@vicfallsrecruitment.com
 - A Tourism Industry employment resource for both employers and employees
 - To verify candidates authenticity as far as possible
 - Assess candidate suitability for position placement
 - Make recommendations to potential employers
- Z.P.G.A. – Research - Spike CLAASSEN - research@zpga.org
 - Ensure compliance with trophy off-take in terms of ethics as well as sustainability
 - Cat ageing & Research
 - Attendance to & at quota setting workshops
 - Assistance with any NDF requirements that may come up from time to time
- Z.P.G.A. – Awards - Duncan WATSON - awards@zpga.org
 - To discuss and agree what awards shall be current or pertinent to the industry
 - To look at and agree end of year award nominees
- Z.P.G.A. – A.G.M. & Dinner - Michelle LURIE (2022)

"If you want to support others you have to stay upright yourself."

Peter Hoeg



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